

in Mental Hospitals and the acute shortage of doubly qualified persons (i.e., those registered on both the General and Mental Parts of the Register of Nurses maintained by the Council) to undertake the teaching of the special subjects relating to Mental Nursing, the Council has, with the approval of the Minister of Health, agreed to the addition of a further proviso to section (a) (ii) of the above Rule to read as follows:—

“ Provided, further, that until a date to be announced by the Council with the approval of the Minister; experience in charge of a Ward as aforesaid shall not be requisite in the case of a nurse who is registered both as a general trained nurse and as a mental nurse or nurse for mental defectives if the applicant has had for a period of four years post-registration experience, satisfactory to the Council, in an approved Training School.”

#### RESCUE OF A MENTAL PATIENT.

On June 29th an unusual ceremony took place at a meeting of the London County Council Mental Hospitals Committee. The Chairman, Mrs. Mary Ormerod, B.A., presented to two male nurses the *Daily Herald* Order of Industrial Heroism in recognition of their heroism in rescuing a mental patient in danger of his life.

During the evening of March 17th, a patient escaped from one of the wards of Cane Hill Mental Hospital, Coulsdon, through a lavatory window from which he had removed the blocks. He was subsequently discovered on the roof of the ward. He had climbed out on to the guttering and up the sloping side of the roof, and when half-way up the slope he lost his nerve. He was then in very real danger of a fall into the area court (paved) some 30 to 40 ft. below. The two nurses—Chief Male Nurse Harold Childs and Staff Nurse Henry Garnett—climbed out on to the roof, lowered themselves down the sloping side and pulled the patient to safety. It was dark at the time of the rescue.

#### PRINCESS TSAHAI MEMORIAL HOSPITAL FUND.

##### ETHIOPIAN EXHIBITION.

Our readers will be interested to learn of the Ethiopian Exhibition of Arts, Crafts and Industries, which, by kind arrangement of the Co-operative Wholesale Society, will be held at the Society's Boot and Shoe Showroom, 99, Leman Street, London, E.1. Ancient Ethiopian traditional dress, embroidery, leather-work, jewellery, illuminated books, will be shown as well as modern costumes, textiles, etc. An exhibit of children's school work is of special interest.

A film, "This is Ethiopia," will be shown at the Society's film theatre in Prescott Street, just round the corner. It depicts schools, farms, factories, government departments, wonderful mountain scenery, lakes and rivers, the old-world life of long ago, the modern innovations of to-day.

The exhibition is being held in order to promote closer relations with the brave Ethiopian people whose struggle against the aggression of Mussolini aroused sympathy and interest in this country.

No charge will be made, either for the exhibition or film, but it is hoped visitors will put a donation in the box for the Memorial Hospital and Nursing and Medical Training School which is being built in Ethiopia in memory of Princess Tshahai, who worked devotedly in the Hospital for Sick Children, Great Ormond Street, and at Guy's Hospital.

The exhibition will be opened at 3 p.m. on Monday, July 12th, and thereafter from 10 a.m. to 4 p.m. each day until July 17th, when the exhibition closes at 12 noon.

On November 8th and 9th a bazaar and fete for the

Hospital Fund will be held in Seymour Hall, Seymour Place, W.1. Gifts for the stalls are earnestly solicited and will be gratefully acknowledged by the Bazaar Secretary, 3, Charteris Road, Woodford Green, Essex.

#### EMPIRE NATIVE NURSES.

(From a Correspondent.)

The training of African native women as hospital nurses has now passed the experimental stage, declares a report of the Medical Superintendent of McCord Zulu Hospital, in Durban. Ascertained facts constitute a refutation of assertions that African nurses will not take responsibility. In 1938, only 82 women passed the examinations of the South African Medical Council or the South African Nursing Council. Last year the number had reached 466, and the supervision of the hospital at night was entirely in the hands of African staff nurses.

A rest camp for nurses is planned and the Government has accepted in principle a scheme for a medical school for Africans and Asiatics. An African blood transfusion service is working satisfactorily.

In the medical wards amoebiasis remains the most prevalent disease and accounts for a large proportion of the deaths. Heart failure seems to be more and more prevalent as the African comes increasingly in contact with civilisation.

The first African native woman has taken her medical degree at a South African university. She is Dr. Mary Susan Malahlele. (Dr. Caroline Nompzolo, a Xhosa Bantu woman, had previously taken her degree abroad.)

Dr. Mary, who works at the McCord Zulu Hospital, hopes to specialise in youngsters' ailments, and to practise in the Pretoria district of the Transvaal, where so many of her own people, the Bapedi, are settled. There is urgent need to cope with the very high infant mortality prevailing throughout South Africa, among the native population, which greatly preponderates in numbers. More than one in every ten native babies dies before it is a year old, though the infant mortality among the whites is about 54 in 1,000.

#### QUIZ CORNER.

*Are you finding that it's easy?  
Can you really win five bob?  
If you have not yet been lucky,  
Or do not think you will; be plucky  
Have another go!*

##### DO YOU KNOW YOUR PHYSIOLOGY?

*Question 1.*—What happens to your tea—bread, butter, jam, cup of tea—when you have swallowed it?

*Question 2.*—The blood is pumped out by the heart. What factors help it back again?

*Question 3.*—Can you name the seven important nutrients which should be included in a balanced diet?

*Question 4.*—Can you name the ductless gland which is responsible for controlling the following functions of the body? Metabolism, growth, alertness in response to danger, development of the sex characteristics.

If you are very bright you may also be able to name the secretion or hormone.

*Question 5.*—Why does a hot bath help to relieve stiffness after the first game of tennis?

The sender of the first envelope opened on July 14th containing a correct solution to the above quiz will be awarded the sum of five shillings.

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